

News from Holbrook and Shotley Surgery

Training days

Our next training afternoons will be on Thursday 7th September when we will be shut from 1pm. Please ring 111 for advice if your query cannot wait until the following day. In an emergency, dial 999.

Practice Nurse

Maggie Leggett, our Practice Nurse at Holbrook since 1988, will be retiring at the end of September. Maggie has been a loyal and dedicated member of staff who has a huge amount of knowledge and we will all miss her. At the time of writing we are advertising to fill this vacancy and hope to be able to advise you more on this next month.

Flu days

It is difficult to think of flu season when the weather is so lovely but we have organised our clinics for this year as follows:

- Wednesday 27th September at Holbrook
- Thursday 5th October at Shotley
- Thursday 12th October at Shotley
- Tuesday 17th October at Holbrook

As always, no appointment is necessary, please just turn up at either site (you don't have to go to your normal site) between 2pm and 6pm and book in at reception. If you are over 65 you have automatic entitlement, those patients under 65 who are identified as eligible will be contacted by letter prior to the clinics starting. Please note that if you are not eligible, we are unable to give private vaccinations at the surgery.

Fidget Quilts

We have now sent over 225 fidget quilts to the Dementia unit at Ipswich Hospital as well as Suffolk Family Carers. They are also being used in A&E to calm patients with many varied diagnoses whilst waiting so if anyone has spare time to make these, please ask in practice for details.

Julia Smith
Practice Manager