

News from Holbrook and Shotley Surgery

Training days

Our next training afternoon will be on Thursday 15th September when we will be shut from 1pm. There is no training in August. Please ring 111 for advice if your query cannot wait until the following day. In an emergency, dial 999.

Norfolk Diabetes Prevention Study

Thank you to the 99 patients who have signed up for this study. It's not too late to join and follow up letters will be sent shortly. To reassure you, the searches were set up by the NDPS and imported into our system and we sent the letters directly. No information has been shared with NDPS by the practice. If you have any concerns about shared data, please ask for a copy of our Sharing Information Sheet or download one from our website.

Surgery Fund

Mr Colin Redmonds undertook the Orwell Walk to raise money for the practice's Surgery Fund on Sunday 26th June. Karen and I saw him off at 7am and hoped the rain would hold off! He raised over £600 for this and money is still coming in so huge thanks to Colin for doing the walk on our behalf and to all those who kindly sponsored him.

Fidget Quilts

We have taken 15 fidget quilts to Shirley Bruce in Chelmondiston for distribution to local dementia and Alzheimer's sufferers. If you'd like more information, please ask for me at reception.

Clarification about Saturday opening

We open for pre-booked appointments and collection of repeat prescriptions on Saturday mornings from 08:30 to 10:30. Although our receptionists are on duty the phone lines are switched to 111 so if you try to ring the practice you will get diverted.

Music in our waiting rooms

We have now purchased an additional set of CDs to provide more variation of waiting room music. We provide the music to help with confidentiality and used to have a number of regular CDs but this meant we had to have two licences (PRS and PPL) at each site costing around £800 per year. We have been trialling licence-free music but only had a limited number of tracks so hope the additional tunes will help provide more variety.

Flu Clinics

Hopefully we will get some summer sunshine soon but no doubt this will be quickly followed by our annual Flu Vaccination Clinics. Watch this space next month for dates to save in your diary. Those over 65 will automatically be entitled to a free flu vaccination. Those under 65 with an eligible condition will receive a letter. Please register your mobile number with us so we can send you a text reminder too!

Julia Smith
Practice Manager