

News from Holbrook and Shotley Surgery

Training days

Our next training afternoons will be on Wednesday 13th April and Thursday 19th May when we will be shut from 1pm. Please ring 111 for advice if your query cannot wait until the following day. In an emergency, dial 999. These dates are subject to change at short notice due to Junior Doctors strike action.

Patient Online

From 31st March any patient registered with the online service will be able to book appointments, order medications, view summary information such as current medications and allergies and view coded information e.g. diagnosis of asthma. If you already have online access you will need to request access to the extended service. If you do not already have access, please come to reception with identification and we will put this in place for you.

Fidget Quilts

Thank you to those who have donated wool, buttons, ribbons etc and to Holly who has made some beautiful fabric quilts. If you would like to have a go at making a Fidget Quilt for a patient the dementia unit at Ipswich Hospital please call in and see the examples on our notice board. If you need some materials please let us know.

Help to save the NHS!

Recently we have highlighted the huge cost of medication, which has been ordered by patients but has not been used and has therefore been returned to the practice for destruction. We have also told you that our Clinical Commissioning Group has asked that we stop prescribing paracetamol for those who take this on an occasional basis. The next step to reduce our prescribing spend is to stop prescribing gluten free items for those aged over 18 and to reduce the prescribing of this for under 18s. We will also be prescribing a generic equivalent of any branded medication, where this is available. Finally, we have been advised not to prescribe over the counter items i.e. those medications such as hay fever preparations that are readily available from local supermarkets. These measures to reduce spending all come from our local Clinical Commissioning Group.

Please support us, and therefore the NHS nationally, in reducing our prescribing spend by only ordering those medications you need, accepting a generic substitute and purchasing paracetamol, gluten free and over the counter medications from a local supermarket.

If you have any queries, please contact PALS on 0800 389 6819.

Julia Smith
Practice Manager