

## **News from Holbrook and Shotley Surgery**

### **Patient Participation Group**

Our Patient Participation Group met on 7<sup>th</sup> May when they were given an update on current topics of interest. We would welcome new members to the group and especially wish to encourage under 25's and working age males. Please contact me if you wish to know more.

### **Training afternoons**

Our next training afternoons will be Wednesday 25<sup>th</sup> June and Thursday 11<sup>th</sup> September when the Practice will be shut from 1pm. If you need medical advice, please ring 111, or dial 999 if this is urgent.

### **Named GP for over 75's**

You will have heard in the news that patients aged 75 and over will have a named GP responsible for their care. We will be sending/handing letters out during June advising these patients of their named GP. Please be reassured that you may continue to see any of our doctors as you do now.

### **Private fees**

The partners have recently reviewed our private charges for services such as HGV medicals, passport signature, fitness to travel letter etc. These are based on recommendations from the British Medical Association (BMA). Please ensure any fees are paid promptly as these services are outside those covered by the NHS. A list is published on our website.

### **Summer "Slip, Slap, Slop" and the Heat Wave advice**

Should we have a Heat Wave over the summer, there are sensible steps everyone can take to avoid heat stroke. Those particularly at risk are those with heart, respiratory and serious health problems, those aged over 75, as well as babies and young children. The general rule is to: "Slip on a shirt, Slap on a hat and Slop on some sunscreen". The NHS Choices website has more advice at <http://www.nhs.uk/summerhealth> .

### **Community Award**

And finally, we are proud to have been awarded the Community Award by Shotley Parish Council for our hard work and commitment to patients and the community. Thank you for your appreciation.

Julia Smith  
Practice Manager